

## ADHD test (DSM IV Diagnostic Criteria)

Estimate the degree that each question applies to the person to be tested.

Under each question is a line with ten divisions. Marking none would indicate that the question is not applicable to the person. Marking the tenth line would indicate that this is an extremely relevant or pertinent question. If the answer is somewhere between these extremes please place a mark where you perceive it is indicated.

### Inattention:

1. Often fails to give close attention to details or makes careless mistakes in schoolwork, work or other activities



2. Often has difficulty sustaining attention in tasks or play activities



3. Often does not seem to listen when spoken to directly



4. Often does not follow through on instructions and fails to finish schoolwork, chores or duties in the workplace (not due to oppositional behavior or failure to understand instructions)



5. Often has difficulty organizing tasks and activities



6. Often avoids, dislikes or is reluctant to engage in tasks that require sustained mental effort (such as schoolwork or homework)



7. Often loses things necessary for tasks or activities (e.g., toys, school assignments, pencils, books or tools)

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**8. Is often easily distracted by extraneous stimuli**

\_\_\_\_\_

**9. Is often forgetful in daily activities**

\_\_\_\_\_

**Hyperactivity:**

**10. Often fidgets with hands or feet or squirms in seat**

\_\_\_\_\_

**11. Often leaves seat in classroom or in other situations in which remaining seated is expected**

\_\_\_\_\_

**12. Often runs about or climbs excessively in situations in which it is inappropriate (in adolescents or adults, may be limited to subjective feelings of restlessness)**

\_\_\_\_\_

**13. Often has difficulty playing or engaging in leisure activities quietly**

\_\_\_\_\_

**14. Is often "on the go" or often acts as if "driven by a motor"**

\_\_\_\_\_

**15. Often talks excessively**

\_\_\_\_\_

**Impulsivity:**

**16. Often blurts out answers before questions have been completed**



**17. Often has difficulty awaiting turn**



**18. Often interrupts or intrudes on others (e.g., butts into conversations or games)**

