

For additional information on fibromyalgia:

The Fibromyalgia Network - <http://www.fmnetnews.com/>

(They also have a good links page at:

<http://www.fmnetnews.com/pages/links.html>)

An extremely comprehensive review:

<http://members.home.net/jfroache/fms2.html>

The Colorado Health Network - <http://www.coloradohealthnet.org/>

(click on "site overview," then "chronic illnesses," then "fibromyalgia")

A good general site is - <http://www.jps.net/thmprwrx/fibrom.htm>

(I really like their section on exercise and fitness)

A somewhat technical but comprehensive review:

<http://www.fmagw.org/engmonoq.htm>

An article for physicians (but with an excellent tender point illustration):

<http://www.aafp.org/afp/20001001/1575.html>

Kealalaina's Fibromyalgia Page -

<http://www.geocities.com/Wellesley/3466/fibro.html>

(this has good links, inspiration, and online support)

A vast link site - <http://home.mn.rr.com/apbiii/fibro-links.html>