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"Victoria and Ruth give an excellent presentation of a relatively new technology that lends new excitement to

Charles R. Figley, Ph.D.

### What People Are Saying About Thought Field Therapy (TFT)

"TFT is the most remarkable and invaluable method of treating a wide variety of conditions in an extremely fast, simple and effective manner with phenomenal success. I have never seen anything like it and use it regularly in my practice."

Roopa Chari, M.D., Internal Medicine, Alternative Medicine

"What's fascinating about TFT is that it's quick and painless, and that its success rate is almost unheard of."

Shad Meshad  
President  
National Veterans Foundation

"We have been studying and using TFT since 1994 with great success.

"TFT is the modern equivalent of Wolpe's systematic desensitization (SD). Both burst onto the psychotherapy scene and immediately challenge the prevailing paradigm of talk therapy.

Like SD, TFT gets clients to focus on their fear while implementing a powerful stress reduction method. The result is reciprocal inhibition. The TFT procedure is much faster and efficient than SD primarily because the diagnostic and tapping procedures. Eventually the data will prove this assertion. Certainly hundreds of case reports show that TFT is a powerful tool in helping to eliminate fear.



my work."

Charles Lindberg, MFCC, Past President of CAMFT

Professor and Director  
Florida State University Traumatology Institute

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"It is extraordinarily powerful, in that clients receive nearly immediate relief from their suffering and the treatment appears to be permanent."

Charles R. Figley, Ph.D.  
Professor and Director  
Interdivisional Ph.D. Program in Family Therapy  
Florida State University

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"There are no better teachers to learn TFT from than Victoria Danzig and Ruth Mills."

Claudia Black, Ph.D., M.S.W.  
Author  
"It Will Never Happen To Me"

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"Excellent combination of theory and practice. Both presenters are obviously very knowledgeable."

Debra Smith, LCSW

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"We as psychotherapists need tools like TFT to create immediate and lasting results."

Mona Coates, Ph.D.

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"For the first time in my professional career I feel confident that I am offering my clients the best possible, and the most superior, help available. It's so rewarding to see people transformed in just a few minutes."

Larry Nims, Ph.D.

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"This was a wonderful presentation. Relaxed learning environment."

Dianne Gray, L.C.S.W.

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"One of the best workshops I've been to."

Juanita Groot, H.H.P.

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"Very warm, fun, energetic, supportive and dedicated to teaching materials."

Tay Sandoz, Psy.D.

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This was an excellent workshop of fascinating material presented by two obviously very competent, knowledgeable and enthusiastic professionals. Thanks!

Yanon Volcani, Ph.D.

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"TFT techniques were easy to learn and been remarkably useful in helping patients reduce symptoms associated with anxiety, panic, and PTSD. I have also had success using TFT to enhance Peak Performance for athletes"

Carol Randolph, Ph.D.

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