

Diabetes is one of the most common and treatable disorders in this country. It is responsible for an aggravation of heart disease and increases the likelihood that arteriosclerosis will accelerate. Diabetes affects more than just sugar metabolism and can lead to blindness, amputation, kidney failure, persistent ulcers and other complications. These effects are more likely and will occur earlier in the poorly treated or untreated patient. How common is Diabetes?

Total Prevalence of Diabetes in the United States, All Ages, 2002

Total: 18.2 million people--6.3 percent of the population--have diabetes.

Diagnosed: 13 million people

Undiagnosed: 5.2 million people

Prevalence of Diagnosed Diabetes Among People Under 20 Years of Age, United States, 2002

About 206,000 people under 20 years of age have diabetes. This represents 0.25 percent of all people in this age group.

Approximately one in every 400 to 500 children and adolescents has type 1 diabetes.

Although type 2 diabetes is a problem among youth, nationally representative data to monitor diabetes trends among youth are not available. Clinic-based reports and regional studies indicate that type 2 diabetes is becoming more common among children and adolescents, particularly in American Indians, African Americans, and Hispanic/Latinos.

Total Prevalence of Diabetes Among People Aged 20 Years or Older, United States, 2002

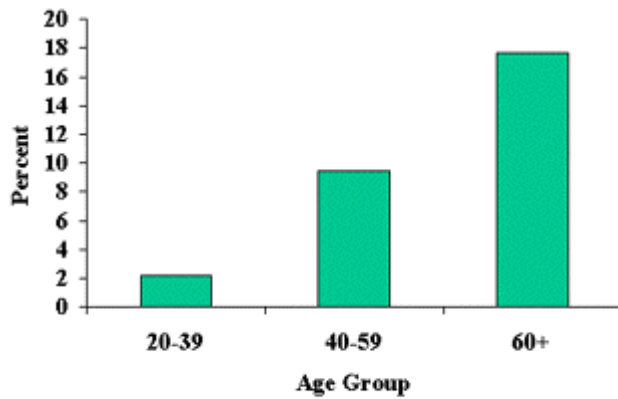
Age 20 years or older: 18 million; 8.7 percent of all people in this age group have diabetes.

Age 60 years or older: 8.6 million; 18.3 percent of all people in this age group have diabetes.

Men: 8.7 million; 8.7 percent of all men aged 20 years or older have diabetes.

Women: 9.3 million; 8.7 percent of all women aged 20 years or older have diabetes.

Total prevalence of diabetes in people aged 20 years or older, by age group—United States, 2002



Source: 1999–2001 National Health Interview Survey and 1999–2000 National Health and Nutrition Examination Survey estimates projected to year 2002

For more information on the diagnosis, complication and proper treatment of Diabetes go to <http://diabetes.niddk.nih.gov/dm/pubs/statistics/index.htm#7>