



NEUROTRANSMITTER DEFICIENCY

In this article we have covered some of the problems people have secondary to neurotransmitter dysfunction. We have found that our methods of treatment outlined in our patents can help the patients not only where other methods of treatment have come up short but for patients in general with little or no medications. We have found that most patients would rather have their problem cured without prescription medications.

WHAT DOES IT TAKE

With the exception of treating weight problems, it is our experience that most patients can have their problems brought under control in very few clinic visits. After that, we recommend to be seen in clinic once every six months or so. It is a small price to pay to actually feel better.

WHAT WE CAN DO

- ÿ For most patients with migraine headaches, we can get rid of them completely.
- ÿ For people taking medications for migraine headaches, we can get most patients off the medications completely.
- ÿ For patients with depression where the medication quit working, we can get most feeling normal again.
- ÿ For patients with depression where no medications have seemed to work, we can help most.
- ÿ For patients with depression who want to get off their medications, we can help most.
- ÿ Patients with Fibromyalgia and chronic pain benefit greatly.
- ÿ In patients with insomnia, most are sleeping 5 to 8 hours a night after the first 3 to 4 weeks of treatment.
- ÿ Most patients with panic attacks find their symptoms are gone in the first month.
- ÿ Most patients find PMS symptoms are much better or completely gone.
- ÿ Chronic anxiety resolves for most patients.
- ÿ For patients with “complex appetite”, we have the only known effective cure.
We have an excellent medical weight management program.

“NEUROTRANSMITTER DEFICIENCY”

“Neurotransmitters” are the naturally occurring chemicals inside your body that transmit messages between nerve cells. In the brain alone, there are 183 different neurotransmitters.

Serotonin	Norepinephrine
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For years, it has been known in medicine that low levels of Serotonin and/or Norepinephrine can cause many diseases and illness. Some of the diseases and/or illnesses caused by or associated with low levels of Serotonin and/or Norepinephrine include:

Depression	Anxiety	Panic Attacks
Insomnia	PMS	Fibromyalgia
Obesity	Anorexia	Bulimia
Early death	Chronic Pain	Migraine Headaches

Listed above is but a few of the diseases that are caused by “neurotransmitter deficiency”. In the patents that have been issued or are pending, there are over 60 diseases and illnesses listed that are caused by or associated with “neurotransmitter deficiency”.

MEDICINES: NOT THE ANSWER

If you have a disease listed above in which you take medicines, this is not a cure. It merely masks the symptoms and in many cases can actually make the underlying problem worse. If you have depression that is caused by low levels of Serotonin and you are prescribed a SSRI medication such as Prozac, Zoloft, Celexa, or Paxil these drugs work by merely tricking the brain into thinking that it has more Serotonin. They do nothing to correct the real underlying cause of the problem. Whereas treatment with methods outlined in our patents actually allows the body to make more Serotonin and naturally correct the problem.

MIGRAINE HEADACHES

Migraine headaches fall into two distinct diagnostic and treatment categories, complicated and uncomplicated.

Uncomplicated migraine headaches occur in those patients who have only migraine headaches without the existence of other sources of pain. For the true uncomplicated migraine, NeuroReplete on its own can reduce or eliminate migraine attacks quickly, often within days of the start of treatment.

The NeuroReplete formulas have shown extremely remarkable results in the treatment of uncomplicated migraine headaches. In general, within days, 85%+ of patients experience no further migraine headaches, even patients taking high doses of prescription medications for migraine headaches.

Complicated migraine headaches occur in those patients who have migraine headaches and another source of pain present such as a herniated cervical disk, temporomandibular joint syndrome (TMJ) tension or stress headaches, etc. Proper care and attention needs to be given to the co-existing disease or problems in addition to amino acid treatment of the migraine headache.

The popular and effective medicine for the treatment of migraine headaches is “Imitrex”, but it does not cure the disease, it merely gets rid of the symptoms on a short-term basis. Imitrex is expensive, 9 pills cost about \$130 and it is not uncommon to see patients taking \$200 to \$300 or more in Imitrex each month. Furthermore, Imitrex is taken as the migraine starts, i.e. you have to have a headache before you take it. Compare this with using the NeuroReplete formulas, which costs about \$1.50 a day (\$45 a month) and completely resolves migraine headaches in the first few days of treatment for most people.

Migraine headache patients who receive relief from taking the prescription drugs Zomig or Imitrex have an exceptionally high incidence of relief of their migraine headaches with the NeuroReplete formulas. It is not uncommon to hear patients say; “This is the best I have felt in years, I never want to go back to living the way I did”.

DEPRESSION

Low levels of Serotonin and/or Norepinephrine cause depression. Current medicines used by doctors to treat depression merely trick the brain into thinking it has more Serotonin and/or Norepinephrine and in fact do nothing to actually correct the underlying cause of the problem. In fact, these medications, in the long run, can actually make the underlying problem of low Serotonin and/or Norepinephrine levels lower.

There are many stories told by doctors of patients treated for depression with medicines where the medicine worked well initially, but then one day the patient literally woke up and found the medicines were no longer working but they had to stay on the medicine anyway to keep from feeling even worse. There is also another type of patient who is depressed and medicines do not work to treat the depression. With depression, to include those patients in whom the medication quit working and those patients where the medications do not work, treatment with methods outlined in our NeuroReplete program has shown to be highly effective in getting them to feel normal once again and most important, off medications.

FIBROMYALGIA

Fibromyalgia is a chronic pain state that is relatively new to medicine. The hallmark of fibromyalgia is chronic pain points throughout the body. In the past there has been no real cure identified for fibromyalgia and treatment has centered around use of multiple medications for chronic pain management and counseling such as support groups. Treatment of fibromyalgia under our patents has proven to be extremely effective in helping to relieve the symptoms of fibromyalgia. One of our affiliated clinics in Kansas began using methods outlined in our patents to treat fibromyalgia; several of these patients were employees of the states of Kansas. Results were so good that the state employees fought for our method of treatment in fibromyalgia and it is now covered for State of Kansas employees. Compared to the present approach in treating fibromyalgia, the methods used as outlined in our patents are very economical and affordable.

INSOMNIA

We use the definition of insomnia as “sleeping less than 4 hours a night with frequent wake ups of 20 minutes or more”. This is severe insomnia. People who do not sleep well at night do not feel good during the day. They suffer from lack of energy and the other problems that go with lack of proper rest. The issue of poor sleep is such a large problem that in larger cities many hospitals have sleep clinics. Medications used for sleep obtain marginal results at best and sleeping pills on a chronic basis are not the answer. Compared to migraine headaches, correction of sleep problems with methods outlined in the patents takes somewhat longer, generally on the order of two to four weeks but results are spectacular in most. Patients sleeping only 2 to 3 hours a night with frequent wakeups find they are sleeping five to eight hours a night with no wakeups and feeling better than they have in years.

PANIC ATTACKS

Panic attacks are less common than many of the illnesses we have talked about in this writing. The hallmark of panic attacks is “an impending sense of doom”; the sudden feeling that something bad is going to happen even though there is nothing going on. This is a very bad feeling. Many times people with panic attacks will also have agoraphobia, which is the fear of going into public or open places. For years in medicine, these have been very hard problems to treat effectively. Typically, the patient is placed on multiple medicine that do nothing more than mask the symptoms. The method of treatment under the patents has proven to be very effective in actually getting rid of the disease and the symptoms, and in the process gets patients off the medications.

PMS

Premenstrual Syndrome (PMS) are the symptoms many woman experience in the three to five days prior to their menstrual period. In some women, these symptoms can be rather severe and include water weight gain and emotional changes. These monthly changes can be very severe. In one of the more severe cases of PMS we have worked with, the patient would gain 17 pounds in fluid retention and went through extreme changes in personality and emotions. In the past, medicine has treated severe PMS with hormones primarily. As of recent, other medications have been used other than hormones. In all cases, the hormones and medications are merely masking the problem and treating the symptoms without curing the underlying disease. Using methods outlined under the patents has proven to be very effective in actually correcting the disease and doing away with the need for medications.

ANXIETY

A number of years ago, the intense and inappropriate anxiety that interfered with day-to-day activities were treated with tranquilizers. This practice, for the most part, has fallen by the wayside. In medicine today, most anxiety is treated with medications like Prozac, Zoloft, Paxil or Celexa. These drugs merely trick the brain into thinking it has more neurotransmitters and does nothing to actually correct the problem. If you have anxiety that has plagued you for a long time, methods used under the patents can help.

COMPLEX APPETITE

Most people have never heard of this problem, but many people suffer from it. Appetites can be categorized into one of two categories:

1. Regular appetite, these are people who can go all day without eating and not experience symptoms.
2. Complex appetite, these are people that when they do not eat every few hours during the day experience many different symptoms. The following is a list of some of the symptoms people with “complex appetite” experience. In general, most patients that we have seen experience only 3 or 4 of the symptoms on the following list, but for many people these symptoms can cause the patient to not only feel bad but they can also interfere with daily activities:

Symptoms seen in complex appetite

Tremor	Headaches	Lightheadedness
Dizziness	Sweating	Irritability
Nausea	Anxiety	Disorientation
Goose bump skin	Feeling of uneasiness	Abdominal pain

Thirty to forty years ago in medicine, there were patients with a “complex appetite” who were mistakenly diagnosed by doctors as having hypoglycemia based primarily on the fact that the symptoms got better when the patients ate something. It was not hypoglycemia, it was a neurotransmitter deficiency and while “complex appetite” can occur in patients of any weight, those patients who are overweight and suffer from “complex appetite” are very much compromised. Whenever they try and diet by eating less food, the complex appetite symptoms get worse.

Typical of complex appetite patients we have seen and treated in the past was a patient who; if she did not eat something every 3 to 4 hours would begin to experience symptoms such as headache and tremor. This was a very real problem for her, especially during long business meetings where she always had

candy with her in case she began to experience symptoms. Treatment with methods in the patents is very effective in bringing “complex appetite” symptoms under control.

OBESITY AND EATING DISORDERS

Of all the neurotransmitter deficiency diseases we have worked with, obesity and eating disorders need the most intensive treatment. At present, we have clinics around the United States using our weight management program. Results of our weight management program are impressive. The average group weight loss the first month is 16.9 pounds. In a recent survey of patients who started the program in the previous six months, the two biggest concerns our patients had when they started the program was safety and cost. With regards to safety, our program is probably the safest program ever. We have evolved to the point where we are using “little or no medication” and rely heavily on our patent pending nutritional supplement formula. With regards to cost, to lose weight you need to eat less food and it is our experience that the food savings while in the program will pay for the cost of the program for most patients (IT’S TRUE!!!).

If you are interested in our highly effective weight management program go to our web site, www.USAweightloss.com or call the clinic at 218-626-2220 (in Duluth) or 1-877-626-2220 (toll free outside of Duluth).

OUR EXPERIENCE

It is our experience that patients do not have just one of the problems we talked about in this newsletter. Many patients have several of these problems active all at once. WE CAN HELP

