



Dr. Marty Hinz, a chemist, medical doctor and researcher with many years of practice has designed a new method of helping patients with chronic medical problems to significantly improve without drug therapy and with no more adverse effects than with a placebo. I have had the privilege of learning Dr. Hinz's patented method.

This scientist has help to confirm that over 60 different diseases have in common an imbalance of the brain chemistry. Over 300 compounds are present in the brain to help balance it but among these certain neurohormones stand out as being the most important from the point of view of causing disease. These are serotonin, epinephrine, norepinephrine, and L-DOPA. Whether a toxic substance, strong emotions, herpes virus or some other mechanism is the main aggravator, the final result is imbalanced brain chemistry. As a result the following symptoms occur.

- 1. Sleep disorders**
- 2. Restless legs**
- 3. Irritability**
- 4. Sadness**
- 5. Mood swings**
- 6. Appetite changes**
- 7. Low blood sugar**
- 8. Hormone imbalances in the body (thyroid, adrenal, sex hormones, pituitary)**
- 9. Headaches**
- 10. Weight problems**
- 11. Bowel changes and cramps**
- 12. General aches and pains**

The following disorders have been shown to improve and often disappear with this method.

- 1. Parkinson's disease**
- 2. Depression (even drug resistant depression)**
- 3. Attention deficit disorder for both adults and children.**
- 4. Fibromyalgia and chronic fatigue.**
- 5. Irritable bowel disorders.**
- 6. Migraine headaches.**
- 7. Metabolic syndrome (Obesity, high cholesterol, high triglycerides, hypertension, glucose intolerance)**
- 8. Neurotoxicity and head injury residual effects**

This amazing technique requires the use of certain patented ratios of neurotransmitter precursors which are natural products and non addictive. The proper use of the “brain hormone” precursors, when administered properly, will raise all four major brain hormones to a therapeutic level four to six times higher than “average ranges”. It was discovered that if these levels were not obtained and maintained, the favorable effects would not be achieved. It is also known that once one of these illnesses develops, simply trying to restore the brain hormone balance to the normal range will not help the problem since their need for repair and protection is greater than average. The diet alone cannot provide what you need. No herb can provide this protection. Also trying to help one part of the brain hormones to improve usually worsens another part with time. High dose amino acid treatments will aggravate or deplete other factors in the brain such as S-adenosylmethionine levels. These problems are solved with this method.

This medical center will be focused on helping the above types of conditions and will have on hand the capability of providing these products and measuring the neurotransmitters to modify the response when needed. Serotonin, epinephrine, norepinephrine and L-DOPA levels are all measured.

Commonly asked questions.

- 1. How are these products taken? As capsules. It is important that they be taken regularly as they will “recharge your battery” so to speak. Missing even one dose may cause a setback of a week. If you miss a dose, double up on the next dose.**
- 2. Are they covered by insurance? These are natural products. Even the L-DOPA is produced from a special plant and is approved for over the counter use in these products. They are not considered drugs and thus not paid for by a majority of insurance companies.**
- 3. Are my visits covered? Yes, if we accept your plan or are a provider. Otherwise we will provide a receipt so that your insurance company can reimburse you.**
- 4. Do I expect to see a difference fast? In 60% of patients yes, usually in the first 60 days. Often with the first days pills. In the other 40% of patients we have to go to a higher level of treatment before they improve. We don’t know if your brain chemistry will straighten itself out from taking two pills a day or thirty pills a day.**
- 5. If a lot of these pills are required to improve me, is it possible to back off later? Yes, we try to gradually wean you down to take the least amount that still keeps the problem**

away. Many of the disorders we deal with, such as migraine, ADHD, fibromyalgia etc. have both a genetic as well as environmental interplay. Thus we cannot talk about “curing” these conditions.

6. Is it expensive to do this treatment? That depends on what you expect to achieve. Many patients wait months to go to a specialist to help them and are happy with the drugs that they take because it is covered by insurance. That is not the kind of patient who should call our office. Those who may consider this treatment are (a) those who want to try something besides taking drugs. (b) Those who are failures of drug therapy. (c) Those with only partial relief from drugs. (d) Those who understand that we are working in a more natural way to get closer to the cause of their problem rather than treating the effects alone. (e) Those who are getting side effects from their drugs or are concerned about the future. The treatments vary from about \$100 to 200 dollars a month and sometimes a little more in rare cases.
7. Can you help neurotoxic patients? Yes. Higher amounts of products are needed in such patients and sometimes there is too much damage present, but a majority of patients have improved.
8. What about allergic or sensitive people – can they take these products? With the experience of three quarter of a million patient days over four years from multiple clinics, the side effect rate is the same as placebo if the products are taken as directed exactly.
9. This sounds to good to be true. What’s the catch? One has to stay on the product for a long time, one has to be religious in taking the product faithfully to maintain their brain levels, and it can be a financial burden for some. Many of these conditions are, like diabetes, lifelong or chronic problems that require patient cooperation and education. Patients who change the pills on their own or skip pills because they are better will fail this method.
10. When do you measure the brain hormones? These four hormones are measured in the urine after having urinated and discarding the sample two hours earlier (3PM) and then picking up the sample at 5 PM to send to the lab. In other words we want the collection to reflect the urine for the preceding two hours. Follow the directions from our office and send the specimen to the lab from your home. The cost is \$ 175 dollars plus shipping. For research purposes I will request a baseline evaluation with certain medical conditions. Normally I will recheck this test in two to six months to make sure the body is balanced. I will also order

the test if you are an exception and need to go up to the fourth or fifth level of therapy. There are 5 levels of treatment.

- 11. If you have any other questions, call our office at 817-268-1757**

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